

December 19th, 2020

Dear Residents and Families;

As of today, four out of five of our Communities are in **Grey Zone (Lockdown)** areas. Over the past week, the number of COVID-19 cases continue to sharply rise in the province. Since my last update, our Glen Abbey (Oakville) community remains in outbreak. The team is doing an exceptional job to contain the spread of the virus. We currently have 1 positive team member, 3 residents in hospital and 1 resident receiving constant care in their suite.

We understand this is a difficult time for everyone, and further restrictions are being imposed to help reduce the spread of the virus. Needless to say - our holiday season will be very different this year.

As a reminder to everyone, Government restrictions within Grey Zones state:

*"It is illegal to gather indoors with anyone you do not live with. Trips outside of the home should only be for essential reasons (work, school, groceries/pharmacy, health care, or exercise and physical activity). You must limit contact to your household (the people you live with) and stay at least 2 meters apart. Do not visit any other households or allow visitors in your home. No indoor organized public events and social gatherings are permitted, except with members of the same household – people who live alone in a single-family dwelling, can gather with one household. Outdoor social gatherings to a maximum of ten people."*

Similarly, individuals living in a Retirement Community under Orange, Red or Grey (Lockdown) restrictions are only permitted to leave for walks or essential reasons (e.g., groceries, medical appointments or filling prescriptions). Unfortunately, holiday outings to family or friend's homes do not fall under the essential category. **Public Health has advised us that if you choose to leave for a non-essential daytime OR overnight visit, you will be required to eat all meals in your suite for 14 days upon your return, and will be closely monitored for any symptoms.**

Mandatory mask use remains in effect for all residents when answering your door, leaving your suite or when out in the community for appointments. We know this is a challenging thing to ask, but we must protect all residents, many of whom have underlying medical conditions. We are urging everyone to respect the restrictions and avoid non-essential visits.

By making this difficult but necessary decision, we are helping protect the health and safety of our residents and team members. As always, please reach out to the General Manager if you have any additional questions. Stay well and thank you for your ongoing understanding and support.

Sheldon Gould,



Chief Operating Officer